

①

psoriasis

\* psoriasis:

- clinical variants of psoriasis

- Effect of psoriasis on internal organs:

1. eye → uveitis ← التهاب العين

2. Heart → hyperlipidemia - HTN - Ischemic heart

- Iny lesion of psoriasis

↓ psoriasis اختبار الحبة اختبار Test \*

Grattage test → Auspitz sign

\* Auspitz Sign:

1. dilated capillaries

2. thinning of suprapapillary portion of dermis

\* why scales are silvery white?

due to presence of air between scales



② له من مميزات Interleukin في التهاب ؟

- 1- rapid turn over
- 2- Inflammatory infiltrate
- 3- Increase to defensin

\* التهاب تنقيص من الصبغ ؟ عشان الشفة والعارف

\* Grattage test -ve  
In pustular psoriasis

\* HP of psoriasis ?

\* PD of microabscesses ?

pautrier microabscess → اللمعة → lymphocytes

\* In psoriasis → dermal papillae → clubbing

\* In LP → rete ridges → saw-toothed



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\* Types of Koebner phenomenon?

- flexural psoriasis → no scales

\* DD scalp psoriasis & seborrheic dermatitis?

- In psoriasis: dry, white, silvery scales

- no itching

- predilection to frontal scalp

- SD: greasy yellowish scales

- Itching

- other seborrheic sites

\* DD palm psoriasis & eczema?

in psoriasis: sharp margination at the wrist.

\* DD palm psoriasis and contact D!

psoriasis → palm

CD → Dorsum of hand



\* Types of palm psoriasis ? 5

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\* nail psoriasis np

\* Drug of choice in pustular psoriasis ?

acitrtin  $\rightarrow$  prevent trans epidermal neutrophilic migration.

\* Rule of ten :

1. Body surface area (BSA)  $> 10\%$  or

2. PASI score  $> 10$  or

3. Dermatology life quality index (DLQI)  $> 10$

\* PASI score

\* NAPSJ score



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\* pustular psoriasis  $\text{م}$

cause?

\* systemic tx of psoriasis?  $\text{إيم}$   
 $\text{م}$

- Methotrexate كل كسب منه ١٠٠٠ مل من مذكرة د. إ. ٢٠ كل

- calcipotriol  $\rightarrow$  hypercalcaemia

\* Pt with psoriasis, HCV, HTN, T.B, renal failure, liver failure:

1- NB-UVB

2- acitretin  $\rightarrow$   $\uparrow$  liver enzymes

و كسب / ١٠٠٠ مل no effect on parenchyma

مع كسب

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\* pregnant pt with psoriasis.

1st line: moistures, topical steroid (low-mid)

2nd line: NB-UVB

3rd line: cyclosporie, TNF $\alpha$  inhibitor

steroid (2nd, 3rd) آخر ما يبقى

\* Drug of choice in psoriasis:

- Nail

- Arthropathy

- Erythrodermic

- pustular



MTX

→ acitretin

\* Types of anemia with MTX:

1- aplastic anemia

2- Megaloblastic anemia



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5. Biologic treatment اكتب، ورسا

بالتفصيل من كتاب دكتور عالم

\* الفيزيم AGEP & pustular psoriasis ?

\* LP:

- GPs

- why rubbing more than scratching ??

- why polished? due to rubbing

- oral lesions of LP? plaque, erosive, reticulated leukoplakia

اكتب، SCC

- nail affection of LP?

- lichen planus spares face apart from actinic lichen



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\* variants of actinic cheilosis are

- 1- Hypermelanotic patch
- 2- melasma-like
- 3- lichenoid papules
- 4- annular lesion

تعالجه ١٠٥ ؟

- 1- sunscreens
- 2- Topical steroid

classes of قوت  
Topical steroid ?

\* لو حالك عيان LP نقطه كحل ١٠٥ ؟

HCV markers

ايه اكثر نوع مرتفعه ؟

erosive oral LP

\* variants of LP ?

- lichen planopilaris





②

§ LP pemphigoides & Bullous LP من الفرم

- LP pemphigoides : Bullae arise on normal skin

- Bullous LP : Bullae arise on LP lesion

↳ cause of bullae → severe hydropic degeneration of basal layer

\* Graham-Crill's ?

\* HP of LP ?

- orthokeratotic hyperkeratosis = hyperkeratosis without parakeratosis

§ Wickham striae من الفرم \*

↳ Local hypergranulosis

§ hypogranulosis من الفرم

Ichthyosis vulgaris

- saw-toothed appearance من



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- Liquefactive degeneration of basal layer.

other diseases:

1- DM

2- DLG

3- LSA

- Band-like infiltrate

other diseases:

1- HF

2- Secondary sy

3- Fungus

4- Lichenoid reaction

}

is psoriasisiform epidermis

\* why LP is violaceous?

1- proliferated capillaries

2- melanophages



- LP + HCV  $\rightarrow$  cytopsinia
- LP associated e syndromes ??
- violaceous lesions in dermatology?
  - 1- LP
  - 2- Stasis  $\phi$
  - 3- Fixed drug eruption
- \* lichenoid dermatosis ?  $\approx$
- + lichenoid drug eruption due s/s, m/i
- " cytopril "
- DD lichenoid drug eruption e LP



تعرف كام lichen في اكدية ؟

lichen planus

aureus

amyloidosis

mitralis

striatus

sclerosis et atrophicus

myxedematous

scrofulosorum

simplex chronicus

spiculosus

verrucosus et reticularis

pigmentosus



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\* Primary lesion of P. rosea?

Herald patch (fine collanette scales)

other scales:

- 1- psoriasis → laminated silvery
- 2- T.V.C → cigarette paper, branny scales
3. DLE → adherent
- 4- pityriasis lichenoides chronica → mica-like scales.

\* Types of acanthosis nigricans?

: AN من أنواع ٢

- 1- arise rapidly
2. more extensive
3. symptomatic
- 4 - atypical location

malignancy في بعض الحالات ؟

→ paraneoplastic lesion



⑭ طب مؤلى ..... other paraneoplastic lesion ؟

\* !- أشهر tumor يجب ملاحظه AN ؟  
adenocarcinoma of GIT